

PATIENT EFFECTS AND TERPENE TRACKER SHEET

Example

Product Type	Strain	Cultivator or Processor	Marketed as —Indica —Sativa —Hybrid (select one)	Consumption Date	Terpene 1 (select one)	mg %	Terpene 2 (select one)	mg %	Terpene 3 (select one)	mg %	Effects	Benefits	Location of Initial Effect (select one)	Effectiveness Rating 1—10	Issues/Notes
Concentrate	Outer Space	Standard Wellness	Sativa	07/21/21	Pinene	26.70	Humulene	14.10	Humulene	5.73	Focus	Overall pain relief	Internal	10	